

Pearl River Naurashaun Swim Club

Swim Lesson Program 2018

Swimmers must be 4 years of age or older by June 15, 2018

Lessons will take place Monday-Friday

Session 1: June 25- July 6 (No class July 4th)

Level	Class Times		
Level 1	10:30-11:00	11:15-11:45	5:00-5:30
Level 2	10:30-11:00	12:00-12:30	5:00-5:30
Level 3	10:30-11:00	11:15-11:45	5:45-6:15
Level 4		12:00-12:30	5:45-6:15
Level 5/6		12:30-1:00	5:45-6:15

Session 2: July 9- July 20

Level	Class Times		
Level 1	11:15-11:45	12:00-12:30	5:00-5:30
Level 2	10:30-11:00	12:00-12:30	5:00-5:30
Level 3	11:15-11:45	12:30-1:00	5:45-6:15
Level 4	10:30-11:00		5:45-6:15
Level 5/6	11:45-12:15		5:45-6:15

Session 3: July 23-Aug 3

Level	Class Times	
Level 1	10:30-11:00	11:15-11:45
Level 2	10:30-11:00	12:00-12:30
Level 3	10:30-11:00	11:15-11:45
Level 4		12:00-12:30
Level 5/6		12:30-1:00

Class Requirements: Please select level based on ability

Level 1: Must be at least 4 yrs. of age and potty trained (no swimming skills)

Level 2: Be able to hold breath and submerge head under water.

Level 3: Jump into 5ft. of water, retrieve objects under water.

Level 4: Be able to coordinate arm stroke with breathing in freestyle

Level 5: Be able to swim freestyle and backstroke

Level 6: Be able to swim 2 laps of freestyle, backstroke, breaststroke

SWIM LESSON SIGN-UPS

Sign-ups will begin at the annual membership meeting on a first-come, first-serve basis. The cost is \$25 and classes are held for 1/2 hour a day on weekdays over 2 weeks. Payment is required at time of signup to secure placement in class. No one will be permitted to register using an invoice option.

Register Early, space is limited