

Summer Swim League of Rockland County 2011 “A” Meet Event List

(1) A Meet – Saturday, July 2 (SCY) @ RCC 6:00 WU, 7:30 Start

1-2	15-18	100 Free
3-4	8 & U	25 Back
5-6	Step-Up	200 Medley Relay
7-8	15-18	200 IM
9-10	11-12	50 Free
11-12	13-14	50 Free
13-14	15-18	200 Free Relay
15-16	9-10	50 Free
17-18	8 & U	50 Breast
19-20	OPEN	200 Back
21-22	13-14	100 Breast
23-24	11-12	100 Breast
25-26	9-10	100 Back
27-28	13-14	200 Medley Relay
29-30	19 & Over	50 Free

(2) A Meet – Saturday, July 9 (SCM) @ WNSC 6:00 WU, 7:30 Start

1-2	15-18	100 IM
3-4	9-10	200 Medley Relay
5-6	8 & U	100 IM
7-8	13-14	50 Fly
9-10	9-10	100 Free
11-12	11-12	100 Back
13-14	15-18	100 Breast
15-16	8 & U	25 Breast
17-18	13-14	100 Free
19-20	OPEN	200 Free
21-22	9-10	50 Fly
23-24	11-12	50 Fly
25-26	13-14	200 Free Relay
27-28	8 & U	100 Free Relay
29-30	19 & Over	50 Breast

(3) A Meet- Saturday, July 16 (SCM) @ PRSC 6:00 WU, 7:30 Start

1-2	Open	200 Breast
3-4	13-14	200 IM
5-6	15-18	200 Medley Relay
7-8	11-12	50 Breast
9-10	8 & U	50 Back
11-12	9-10	50 Back
13-14	11-12	50 Back
15-16	15-18	50 Fly
17-18	8 & U	50 Free
19-20	9-10	50 Breast
21-22	11-12	200 Medley Relay
23-24	15-18	100 Back
25-26	13-14	100 Fly
27-28	9-10	200 Free Relay
29-30	19 & Over	50 Fly

(4) A Meet – Saturday, July 23 (SCM) @ WNSC 6:00 WU, 7:30 Start

1-2	Open	200 Fly
3-4	8 & U	100 Medley Relay
5-6	9-10	100IM
7-8	11-12	100 Free
9-10	13-14	100 Back
11-12	15-18	50 Free
13-14	8 & U	25 Free
15-16	9-10	100 Breast
17-18	11-12	100 IM
19-20	15-18	100 Fly
21-22	8 & U	25 Fly
23-24	13-14	50 Breast
25-26	11-12	200 Free Relay
27-28	19& Over	50 Back
29-30	Step-Up	250 Free Relay

Summer Swim League of Rockland County 2011

“B” Meet Event List

**(1) B Meet – Wed., July 6 (SCY)
@ Clarkstown 6:30 WU, 7:30 Start**

1-2	6 & U	25 Free
3-4	7 – 8	25 Free
5-6	9 – 10	50 Free
7-8	11 – 12	50 Free
9-10	13 – 14	50 Free
11-12	15 - 18	50 Free
13-14	13 – 14	50 Back
15-16	15 – 18	50 Back
17-18	6 & U	25 Breast
19-20	7 – 8	25 Breast
21-22	9 – 10	50 Breast
23-24	11 – 12	50 Breast
25-26	13 – 14	50 Breast
27-28	15 - 18	50 Breast
29-30	8 & U	100 Free Relay
31 - 32	9 - 10	100 Free Relay

**(2) B Meet – Wed., July 13 (SCY)
@ Clarkstown 6:30 WU, 7:30 Start**

1-2	6 & U	25 Free
3-4	7 – 8	25 Free
5-6	9 – 10	50 Free
7-8	11 – 12	50 Free
9-10	13 – 14	50 Free
11-12	15 - 18	50 Free
13-14	6 & U	25 Back
15-16	7 - 8	25 Back
17-18	6 & U	100 IM
19-20	7 – 8	100 IM
21-22	9 – 10	100 IM
23-24	11 – 12	100 IM
25-26	13 – 14	100 IM
27-28	15 – 18	100 IM
29-30	13 – 14	100 Free Relay
31 - 32	15 - 18	100 Free Relay

**(3) B Meet – Wed., July 20 (SCY)
@ Clarkstown 6:30 WU, 7:30 Start**

1-2	6 & U	25 Free
3-4	7 – 8	25 Free
5-6	9 – 10	50 Free
7-8	11 – 12	50 Free
9-10	13 – 14	50 Free
11-12	15 - 18	50 Free
13-14	9 – 10	50 Back
15-16	11 – 12	50 Back
17-18	6 & U	25 Fly
19-20	7 – 8	25 Fly
21-22	9 – 10	50 Fly
23-24	11 – 12	50 Fly
25-26	13 – 14	50 Fly
27-28	15 – 18	50 Fly
29-30	11 – 12	100 Free Relay
31 - 32	STEP UP	100 Medley Relay